



ST. PETER'S CATHOLIC PRIMARY SCHOOL

CURRICULUM INTENT, IMPLEMENTATION AND IMPACT STATEMENT

Personal, Social, Health and Economic Education (PSHE)

incorporating

Relationships and Health Education (RHE)

INTENT

We are committed to the education of the whole child, and a high quality personal development curriculum is an integral part of this. As a Catholic School, we put Christ at the centre of everything we do by integrating Gospel values and the teachings of the Catholic Church into every aspect of learning, teaching and the totality of school life. The curriculum we offer is therefore inspired by the teachings of the Gospel.

We aim to offer our children a broad and rich personal development curriculum throughout their time at St. Peter's. We see PSHE/RHE as part of the mission of Catholic schools to educate the whole person. It should be carried out as part of the holistic education which seeks to form as well as inform young people in preparation for adult life.

PSHE/RHE is taught through the Ten Programme for Catholic Primary schools: **Life to the Full Plus**. This provides a full Personal Development curriculum for our children, which is aligned with the teachings and values of the Catholic Church, and is rooted in the Catholic vision of the human person.

The aim of this curriculum is to provide children with a deep understanding of what it means to be human, and how we are called to love and be loved. We hope that it will provide lifelong learning about physical, moral, social and emotional development.

Our intention is that when our children leave St. Peter's, they do so with the knowledge, understanding and emotions to play an active role in today's society.

We want our children to grow and develop in a safe and nurturing environment, where they are able to express themselves articulately, gain a further understanding of themselves as unique individuals, made in the image and likeness of God.

We strive to equip our children with the skills to become confident at sharing their own thoughts and feelings with others, in a respectful and caring manner and to develop the skills and attributes to keep themselves healthy and safe. We want our children to develop an attitude of a responsible global citizen, to develop tolerance of others beliefs, religions and life choices and to build positive, respectful relationships with other people. Through our PSHE/RHE curriculum, we believe we can enhance children's education and help them to become caring, respectful, responsible and confident individuals and citizens.

IMPLEMENTATION

At St Peter's Catholic Primary School, we follow the 'Life to the Full Plus' PSHE/RHE Programme in line with guidance from Hallam Diocese and the St. Francis Catholic Multi Academy Trust. This programme is followed throughout school from Reception through to Year 6, and children are taught, in age appropriate ways. The ten key principles of the scheme are:

- Our bodies are good.
- Through our loving relationships we become close to the image and likeness of God.
- Catholic RHE is about the whole person.

- Catholic RHE is taught in partnership with parents.
- Our deepest identity is as a child of God.
- Story can change hearts and minds.
- Catholic RHE is an education in virtue.
- Catholic RHE is an education in conscience.
- Relationship Education is about striving for the Common Good.
- Prayer, Scripture and Sacraments fuel the teaching.

The programme follows a spiral, progressive curriculum approach so that as a child goes through the programme year after year, the learning will develop and grow, with each stage building on the last.

In Life to the Full, we follow a four-stage structure which is repeated across four different learning stages: Early Years Foundation Stage, Key stage one, Lower Key Stage Two, and Upper Key Stage Two.

Within each learning stage, there are three modules which are structured around the model curriculum provided by the Catholic Education Service (CES).

The modules are:

- Created and Loved by God
- Created to Love Others
- Created to Live in Community

Each module is then broken down into Units of Work and the skills taught in each unit are progressive over the key stages and year groups. The titles of the Units within each Module are:

Module 1: Created and Loved by God

- Religious Understanding
- Me, My Body, My Health,
- Emotional Well-being
- Life Cycles.

This unit explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships. The unit also focuses on transition and change.

Module 2: Created to Love Others

- Religious Understanding
- Personal Relationships
- Life Online
- Keeping Safe.

This module explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe both online and in our daily lives. It also covers topics such as critical thinking, safety out and about, prejudice and discrimination, types of abuse and the law.

Module 3: Created to Live in the Community

- Religious Understanding
- Living in the Wider World.

This module explores the individual's relationship with the wider world. We explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through Working for the Common Good. This module also includes the topics of careers and money.

At St. Peter's we implement our curriculum through a platform of creative resources which will engage, inform and inspire the children. The creative resources include interactive video content, story-based activities and original worship music. High quality teaching responds to the needs of children, and approaches include whole class teaching, group activities and individual work. Children have opportunities to work individually as well as cooperatively and collaboratively, developing their own knowledge and expertise as well as sharing experiences with others.

PSHE/RHE is taught independently, but plays a central role in all areas of school life, and teaching also takes place outside of our discrete lessons. These include:

- Teaching in other curriculum subjects to include British Values and the principles of Catholic Social Teaching
- Whole school assemblies where a range of themes are covered linked with Gospel and school values RHE, British Values and Catholic Social Teaching
- Partnership with 'With me in Mind' a NHS child mental health service to develop the emotional wellbeing of our children. They deliver assemblies and lead whole class sessions
- Thrive approach embedded across school, with two qualified Thrive practitioners delivering group sessions for identified individuals

- Visits from outside agencies such as the Fire Service, Road Safety, Police, UK parliament
- School trips (Crucial Crew)
- Displays across school which showcase our school values, British Values and understanding of diversity and equality
- The use of high quality picture books to promote discussion and develop emotional literacy

For a number of years, we have successfully engaged the support of the specialist organisation, Big Talk Education, who are a Social Enterprise recognised by national lead bodies and Government. Each class receives an annual session from 'Big Talk' who spend a day in school each September, focussing on age appropriate Relationships Education.

The Subject Leader for PSHE/RHE will monitor teaching and learning through observations and work sampling. Where necessary, staff receive support and training in PSHE/RHE.

The programme is fully inclusive of all children and families and is designed to work in partnership with parents and carers.

Impact

By the time children leave us, the children will have developed socially, morally, culturally and spiritually. They will:

- demonstrate kindness and respect towards themselves and others
- have the courage and ability to try new things, challenge themselves and persevere
- take responsibility for their actions

- have a good understanding of how to stay safe, healthy and how to develop good relationships
- have an appreciation of what it means to be a positive member of a diverse, multicultural society
- demonstrate and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
- be on their journey preparing them for life and work in modern Britain.

Assessment within discrete lessons will ensure that pupils are building on their skills and knowledge over time. There is an Assessment Activity for each unit of sessions. The activities take into account the Learning Objectives of the sessions within the unit and provide before and after evidence that learning has taken place. Teachers use the activity BEFORE the lesson is undertaken, and then is repeated again AFTER the series of lessons to assess whether learning has taken place.

There are simple criteria given to assess successful learning.

In order to be confident in the impact of PSHE/RHE across the whole school community, the subject leader will monitor the subject through discussion with pupils, gathering evidence of written activities, monitoring displays and through ongoing discussion with colleagues